

<https://handsdownbetter.org/>



03/02/2022 - 04/01/2022

FatLab, LLC Website Activity Report

As part of our maintenance plans we monitor and make regular software updates to website. This report for the last 30 days will provide a list of updates made, database optimizations, performance details, found security issues and general analytics.

OVERVIEW



Website: <https://handsdownbetter.org/>
IP Address: 151.139.128.10
WordPress Version: 5.9.3



UPDATES

Updates performed: 12



PERFORMANCE

PageSpeed score: 100; YSlow score: 96



SECURITY

Your website is safe



ANALYTICS

4.5% average increase in sessions in the previous period



BACKUPS

Backups created: 90; Latest one on: 04/12/2022 0:03

UPDATES



Total updates performed: **12**

03/02/2022 to 04/01/2022

OVERVIEW

Plugin updates

11

WordPress updates

1

UPDATES HISTORY (1/2)

Plugin name	Plugin version		Date
Yoast SEO Premium	18.1	→ 18.2.1	03/28/2022
Yoast SEO	18.3	→ 18.4.1	03/28/2022
Ivory Search	5.4.4	→ 5.4.5	03/28/2022
Advanced Custom Fields PRO	5.12	→ 5.12.1	03/28/2022
Site Kit by Google	1.69.0	→ 1.70.0	03/16/2022
Yoast SEO	18.2	→ 18.3	03/10/2022
WP Rocket	3.10.8	→ 3.10.9	03/10/2022

UPDATES HISTORY (2/2)

Plugin name	Plugin version	Date
NextGEN Gallery	3.18 → 3.23	03/03/2022
Site Kit by Google	1.68.0 → 1.69.0	03/03/2022
MalCare Security - Free Malware Scanner, Protectio...	4.67 → 4.77	03/03/2022
Ivory Search	5.4.2 → 5.4.4	03/03/2022

WordPress	WordPress version	Date
-	5.8.3 → 5.9.1	03/03/2022

OPTIMIZATION



DATABASE OPTIMIZATION

Database overhead cleaned: 0 KB



POST REVISIONS

Post revisions cleaned: 8

✓ PERFORMANCE



Total performance checks: **31**

03/02/2022 to 04/01/2022

MOST RECENT SCAN

04/01/2022

PageSpeed Grade



A (100%)

Previous check: 100%

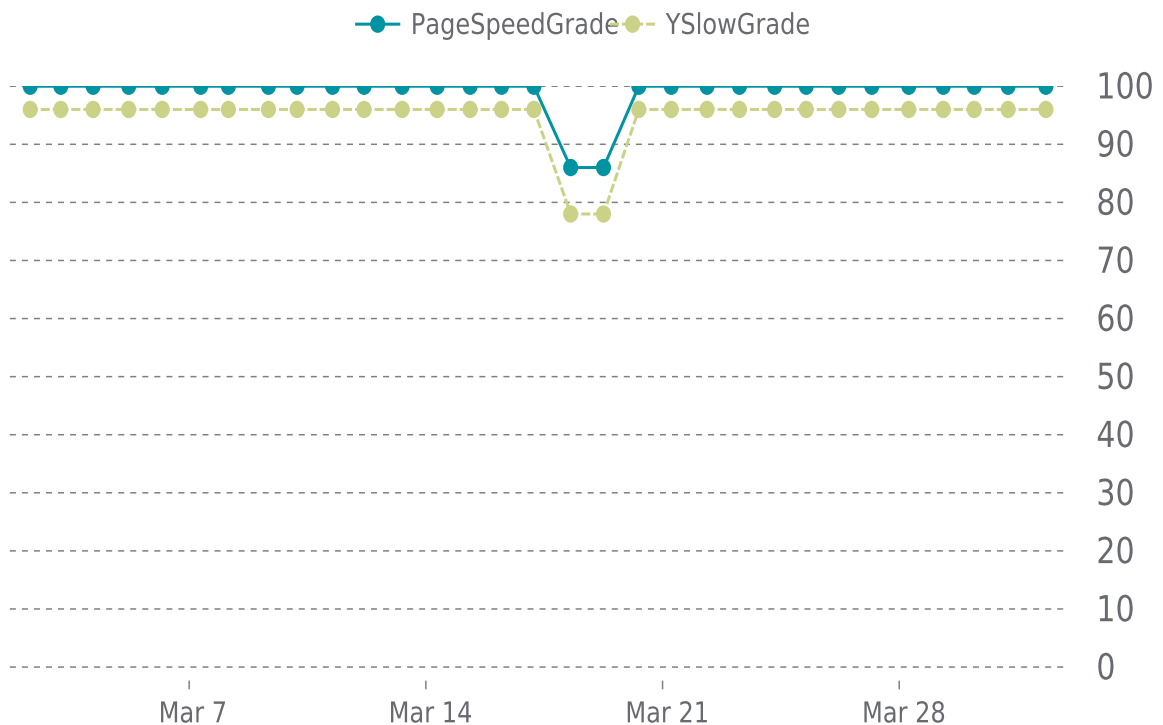
YSlow Grade



A (96%)

Previous check: 96%

PERFORMANCE OVERVIEW



PERFORMANCE HISTORY (1/3)

Date	Load time	PageSpeed	YSlow
04/01/2022 08:07	1.11 s	A (100%)	A (96%)
03/31/2022 05:15	1.73 s	A (100%)	A (96%)
03/30/2022 05:13	1.08 s	A (100%)	A (96%)
03/29/2022 07:16	1.25 s	A (100%)	A (96%)
03/28/2022 06:46	1.95 s	A (100%)	A (96%)
03/27/2022 04:30	1.20 s	A (100%)	A (96%)
03/26/2022 05:04	1.60 s	A (100%)	A (96%)
03/25/2022 06:00	1.40 s	A (100%)	A (96%)
03/24/2022 07:33	1.99 s	A (100%)	A (96%)
03/23/2022 06:35	1.01 s	A (100%)	A (96%)
03/22/2022 07:35	0.99 s	A (100%)	A (96%)
03/21/2022 06:11	1.30 s	A (100%)	A (96%)
03/20/2022 07:09	1.36 s	A (100%)	A (96%)
03/19/2022 06:05	2.68 s	B (86%)	C (78%)
03/18/2022 06:48	2.26 s	B (86%)	C (78%)

PERFORMANCE HISTORY (2/3)

Date	Load time	PageSpeed	YSlow
03/17/2022 04:43	1.05 s	A (100%)	A (96%)
03/16/2022 05:44	1.37 s	A (100%)	A (96%)
03/15/2022 07:25	1.48 s	A (100%)	A (96%)
03/14/2022 08:01	1.50 s	A (100%)	A (96%)
03/13/2022 07:10	0.91 s	A (100%)	A (96%)
03/12/2022 04:10	6.00 s	A (100%)	A (96%)
03/11/2022 05:45	2.11 s	A (100%)	A (96%)
03/10/2022 04:35	8.96 s	A (100%)	A (96%)
03/09/2022 08:15	8.72 s	A (100%)	A (96%)
03/08/2022 03:50	1.50 s	A (100%)	A (96%)
03/07/2022 08:10	6.20 s	A (100%)	A (96%)
03/06/2022 04:52	2.34 s	A (100%)	A (96%)
03/05/2022 05:05	1.64 s	A (100%)	A (96%)
03/04/2022 03:48	1.47 s	A (100%)	A (96%)
03/03/2022 04:53	1.20 s	A (100%)	A (96%)

PERFORMANCE HISTORY (3/3)

Date	Load time	PageSpeed	YSlow
03/02/2022 07:08	3.22 s	A (100%)	A (96%)

SECURITY



Total security checks: **31**

03/02/2022 to 04/01/2022

MOST RECENT SCAN

04/01/2022

Status: **Clean**

Malware: **Clean**

Web Trust: **Clean**

Vulnerabilities: **0**

SECURITY SCAN HISTORY (1/3)

Date	Malware	Vulnerabilities	Web Trust
04/01/2022 6:03	Clean	Clean	Clean
03/31/2022 7:36	Clean	Clean	Clean
03/30/2022 5:31	Clean	Clean	Clean
03/29/2022 5:30	Clean	Clean	Clean
03/28/2022 5:36	Clean	Clean	Clean
03/27/2022 4:30	Clean	Clean	Clean
03/26/2022 4:35	Clean	Clean	Clean
03/25/2022 8:07	Clean	Clean	Clean
03/24/2022 8:00	Clean	Clean	Clean

SECURITY SCAN HISTORY (2/3)

Date	Malware	Vulnerabilities	Web Trust
03/23/2022 7:31	Clean	Clean	Clean
03/22/2022 3:30	Clean	Clean	Clean
03/21/2022 7:30	Clean	Clean	Clean
03/20/2022 4:33	Clean	Clean	Clean
03/19/2022 5:03	Clean	Clean	Clean
03/18/2022 3:31	Clean	Clean	Clean
03/17/2022 7:33	Clean	Clean	Clean
03/16/2022 8:03	Clean	Clean	Clean
03/15/2022 6:33	Clean	Clean	Clean
03/14/2022 4:04	Clean	Clean	Clean
03/13/2022 8:43	Clean	Clean	Clean
03/12/2022 6:39	Clean	Clean	Clean
03/11/2022 2:35	Clean	Clean	Clean
03/10/2022 8:03	Clean	Clean	Clean
03/09/2022 4:00	Clean	Clean	Clean

SECURITY SCAN HISTORY (3/3)

Date	Malware	Vulnerabilities	Web Trust
03/08/2022 3:32	Clean	Clean	Clean
03/07/2022 8:43	Clean	Clean	Clean
03/06/2022 6:03	Clean	Clean	Clean
03/05/2022 7:30	Clean	Clean	Clean
03/04/2022 5:05	Clean	Clean	Clean
03/03/2022 4:03	Clean	Clean	Clean
03/02/2022 6:30	Clean	Clean	Clean

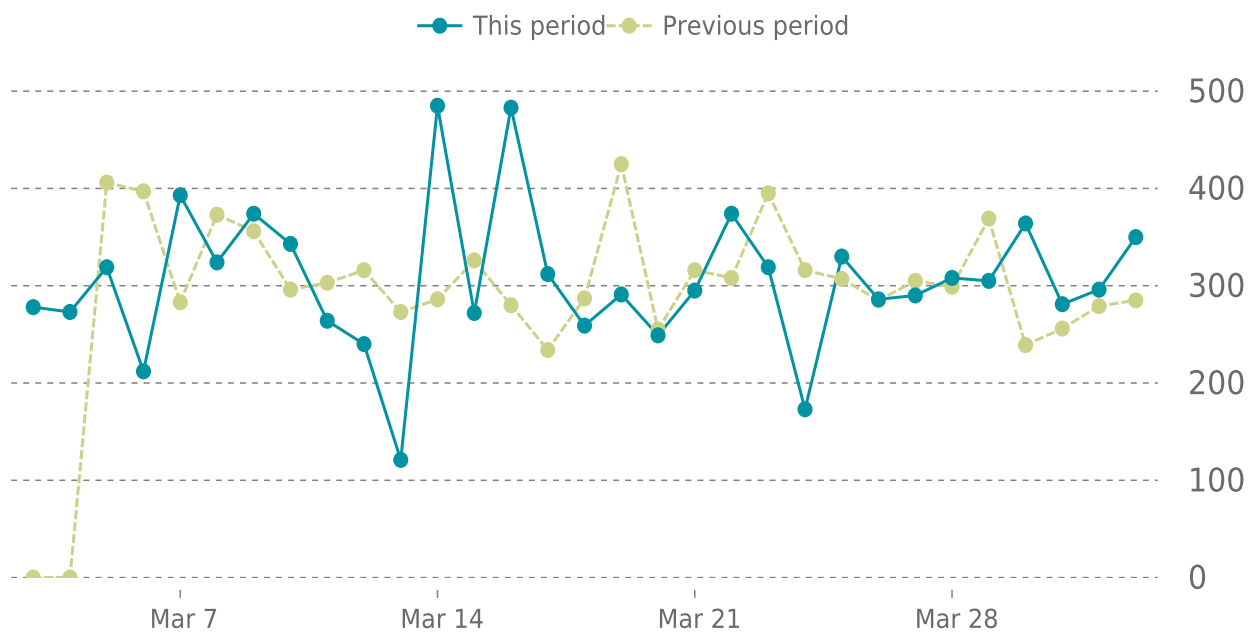
✓ ANALYTICS



Traffic up by: **4.5%**

03/02/2022 to 04/01/2022

SESSIONS



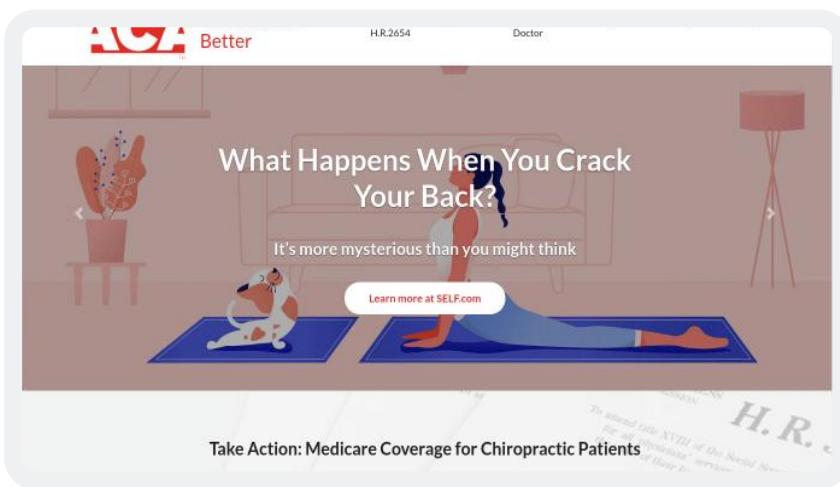
✓ BACKUPS



Backups created: **30**
03/02/2022 to 04/01/2022

Total backups available: **90**

LATEST BACKUPS



Backup size
975.7MB



WordPress version
5.9.3



Active Theme
ACA Hands Down



Active Plugins
20



Published posts
36



Approved comments
0

Note: Analytics are collected using our monitoring software and may not reflect the same level of traffic as Google Analytics or other monitoring service. Please use our report as a simple informational piece and use your chosen analytics platform for true analysis.